

Scottish Athletics west District CC Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 1 Young Females

| Team Pos | Club | Team Time | Leg 1 | Leg 2 | Leg 3 |
|----------|---------------------|-----------|---|---|--|
| 1 | VP-Glasgow AC | 0:29:43 | Iona Wilson 28 11:27 11:27 | Hollie Young 7 0:20:56 09:29 | Elizabeth Potter 1 0:29:43 08:47 |
| 2 | Kilbarchan AAC | 0:29:52 | Vanessa Hogan 1 10:01 10:01 | Elaine Eadie 1 0:20:17 10:16 | Natalie Sharp 2 0:29:52 09:35 |
| 3 | Giffnock North AAC | 0:30:05 | Sophie Jones 8 10:29 10:29 | Heather Howie 2 0:20:32 10:03 | Claire McAuley 3 0:30:05 09:33 |
| 4 | Giffnock North AAC | 0:30:34 | Nikki Manson 15 10:51 10:51 | Rebecca Hart 8 0:20:57 10:06 | Catriona Lockie 4 0:30:34 09:37 |
| 5 | VP-Glasgow AC | 0:31:09 | Rachel Dick 28 11:27 11:27 | Sarah Potter 10 0:21:21 09:54 | Jennifer Hannah 5 0:31:09 09:48 |
| 6 | Giffnock North AAC | 0:31:12 | Stephanie Fairfield 3 10:15 10:15 | Aileen Irvine 3 0:20:43 10:28 | Rachel McDowall 6 0:31:12 10:29 |
| 7 | Whitemoss | 0:31:15 | Kirsty Jamieson 10 10:32 10:32 | Lauren Mooney 4 0:20:50 10:18 | Rachel Barlas 7 0:31:15 10:25 |
| 8 | Ron Hill Cambuslang | 0:31:23 | Kerrie Miller 24 11:11 11:11 | Lucy Deeny 14 0:21:41 10:30 | Stephanie Wright 8 0:31:23 09:42 |
| 9 | Whitemoss | 0:31:29 | Stephanie Curran 2 10:13 10:13 | Sarah Miller 9 0:21:03 10:50 | Laura McCord 9 0:31:29 10:26 |
| 10 | VP-Glasgow AC | 0:31:30 | Eve Dunlop 37 12:05 12:05 | Deborah Hannah 19 0:22:10 10:05 | Josephine Moultrie 10 0:31:30 09:20 |
| 11 | Shettleston H | 0:31:58 | Jemma McQuillan 6 10:24 10:24 | Amanda Monaghan 5 0:20:53 10:29 | Helen Pawelczyk 11 0:31:58 11:05 |
| 12 | East Kilbride AC | 0:32:01 | Hayley Middleton 19 11:02 11:02 | Fiona Borthwick 18 0:21:59 10:57 | Deborah Stokoe 12 0:32:01 10:02 |
| 13 | Kilmarnock H & AC | 0:32:04 | Eve Kerr 4 10:21 10:21 | Lois Shankland 6 0:20:55 10:34 | Lauren Campbell 13 0:32:04 11:09 |
| 14 | Giffnock North AAC | 0:32:05 | Frances Lowrie 8 10:29 10:29 | Olivia Keenan 11 0:21:29 11:00 | Alex Porteous 14 0:32:05 10:36 |
| 15 | East Kilbride AC | 0:32:13 | Caitlin Hackett 16 10:56 10:56 | Rhona Calder 12 0:21:38 10:42 | Jennifer Waddell 15 0:32:13 10:35 |
| 16 | Inverclyde AC | 0:32:15 | Milissa Montague 31 11:42 11:42 | Emma Meechan 22 0:22:27 10:45 | Emma Rice 16 0:32:15 09:48 |
| 17 | Giffnock North AAC | 0:32:18 | Anna Black 7 10:28 10:28 | April Miller 16 0:21:49 11:21 | Anna Hilley 17 0:32:18 10:29 |
| 18 | Kirkintilloch Oly | 0:32:28 | Maria Milliken 12 10:37 10:37 | Lauren McIntyre 21 0:22:23 11:46 | Alexandra Lamond 18 0:32:28 10:05 |
| 19 | Ron Hill Cambuslang | 0:32:41 | Rebecca Bonomi 23 11:06 11:06 | Cheryl Anderson 25 0:22:41 11:35 | Caitlin Hendry 19 0:32:41 10:00 |
| 20 | Kilmarnock H & AC | 0:32:52 | Fern Wales 17 11:00 11:00 | Bethany Ross 13 0:21:40 10:40 | Stephanie Sloan 20 0:32:52 11:12 |
| 21 | Kilbarchan AAC | 0:33:00 | Jennifer Eadie 18 11:01 11:01 | Katie McAlpine 15 0:21:48 10:47 | Michelle Bell 21 0:33:00 11:12 |
| 22 | Kilbarchan AAC | 0:33:10 | Kate Gillies 13 10:39 10:39 | Sarah Ogilvie 19 0:22:10 11:31 | Samantha Kelly 22 0:33:10 11:00 |
| 23 | Irvine AC | 0:33:23 | Emily Munn 34 11:53 11:53 | Paige Douglas 27 0:22:53 11:00 | Sarah Munn 23 0:33:23 10:30 |
| 24 | Ayr Seaforth | 0:33:26 | Jemma McSheffery 11 10:36 10:36 | Lauren Goldie 23 0:22:33 11:57 | Stephanie Dougan 24 0:33:26 10:53 |
| 25 | Kilmarnock H & AC | 0:33:41 | Brogan Wallace 5 10:22 10:22 | Sarah McNish 17 0:21:57 11:35 | Mia Tait 25 0:33:41 11:44 |
| 26 | Giffnock North AAC | 0:33:47 | Constance Hope Mackay 14 10:22 10:22 | Constance Hope MacI 23 0:21:57 11:35 | Joanna Thomson 26 0:33:41 11:44 |

Scottish Athletics west District CC Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 1 Young Females

| | | | | | | | | | | | |
|----|---------------------|---------|--------------------|------|----------------------|---------|-------------------|-------|---------|--|-------|
| | | | 10:44 | | 10:44 | 0:22:33 | | 11:49 | 0:33:47 | | 11:14 |
| 27 | Inverclyde AC | 0:34:04 | Gemma Campbell | 35 | Amy McLeary | 26 | Rachael Bushfield | 27 | | | |
| | | | 11:58 | | 11:58 | 0:22:49 | | 10:51 | 0:34:04 | | 11:15 |
| 28 | East Kilbride AC | 0:34:15 | O.Steven | 20 | Jacqueline Fergusson | 28 | Julia Calder | 28 | | | |
| | | | 11:03 | | 11:03 | 0:22:59 | | 11:56 | 0:34:15 | | 11:16 |
| 29 | Inverclyde AC | 0:34:15 | Amy Meechan | 43 | Lisa MacDonald | 32 | Deborah Moore | 28 | | | |
| | | | 12:32 | | 12:32 | 0:23:25 | | 10:53 | 0:34:15 | | 10:50 |
| 30 | Law & District | 0:34:41 | Emma Watson | 45 | Julie Dobbin | 42 | Nicola Lindsay | 30 | | | |
| | | | 13:53 | | 13:53 | 0:25:11 | | 11:18 | 0:34:41 | | 09:30 |
| 31 | VP-Glasgow AC | 0:34:50 | Eilidh McEvilly | 39 | Amy MacLellan | 34 | Rachel McLellan | 31 | | | |
| | | | 12:21 | | 12:21 | 0:23:46 | | 11:25 | 0:34:50 | | 11:04 |
| 32 | Kirkintilloch Oly | 0:34:58 | Rachel Hayes | #N/A | Heather Stewart | 29 | Diane Ramsay | 32 | | | |
| | | | #N/A | | #N/A | 0:23:06 | | 23:06 | 0:34:58 | | 11:52 |
| 33 | Irvine AC | 0:35:06 | Sarah Munn | 25 | Ashley McQueen | 30 | Molly Bell | 33 | | | |
| | | | 11:21 | | 11:21 | 0:23:14 | | 11:53 | 0:35:06 | | 11:52 |
| 34 | Ron Hill Cambuslang | 0:35:26 | Gemma Connelly | 42 | Shereen Smith | 39 | Danielle Melville | 34 | | | |
| | | | 12:31 | | 12:31 | 0:24:30 | | 11:59 | 0:35:26 | | 10:56 |
| 35 | Shettleston H | | Keri Haran | 22 | Emma Porteous | 31 | Jessica Donaldson | 35 | | | |
| | | 0:35:36 | 11:04 | | 11:04 | 0:23:23 | | 12:19 | 0:35:36 | | 12:13 |
| 36 | Kirkintilloch Oly | 0:36:11 | Clare Brown | 25 | Megan Stewart | 35 | Andrea Gaffney | 36 | | | |
| | | | 11:21 | | 11:21 | 0:24:08 | | 12:47 | 0:36:11 | | 12:03 |
| 37 | Kilbarchan AAC | 0:36:18 | Morven Ford(McEwe) | 40 | Cara Butler | 41 | Amanda Herron | 37 | | | |
| | | | 12:23 | | 12:23 | 0:24:50 | | 12:27 | 0:36:18 | | 11:28 |
| 38 | Kilmarnock H & AC | 0:37:32 | Lorne Kerr | 36 | Stephanie Miller | 36 | Amy Milliken | 38 | | | |
| | | | 12:00 | | 12:00 | 0:24:14 | | 12:14 | 0:37:32 | | 13:18 |
| 39 | Kilmarnock H & AC | 0:37:48 | Gemma McCutcheon | 20 | Nicole Hamilton | 37 | Louise Martin | 39 | | | |
| | | | 11:03 | | 11:03 | 0:24:16 | | 13:13 | 0:37:48 | | 13:32 |
| 40 | Ayr Seaforth | 0:00:00 | | #N/A | | #N/A | | #N/A | | | #N/A |
| | | | #N/A | | #N/A | #N/A | | #N/A | #N/A | | #N/A |
| 41 | East Kilbride AC | 0:00:00 | Hannah Milligan | #N/A | Rachael Thomson | #N/A | L.McLaughlin | #N/A | | | #N/A |
| | | | #N/A | | #N/A | #N/A | | #N/A | #N/A | | #N/A |
| 42 | East Kilbride AC | 0:00:00 | | #N/A | | #N/A | | #N/A | | | #N/A |
| | | | #N/A | | #N/A | #N/A | | #N/A | #N/A | | #N/A |
| 43 | Garscube Harriers | 0:00:00 | Erin McGill | #N/A | Sophie Jones | #N/A | Kirstin Halliday | #N/A | | | #N/A |
| | | | #N/A | | #N/A | #N/A | | #N/A | #N/A | | #N/A |
| 44 | Girvan AC | 0:00:00 | | #N/A | | #N/A | | #N/A | | | #N/A |
| | | | #N/A | | #N/A | #N/A | | #N/A | #N/A | | #N/A |
| 45 | Girvan AC | 0:00:00 | | #N/A | | #N/A | | #N/A | | | #N/A |
| | | | #N/A | | #N/A | #N/A | | #N/A | #N/A | | #N/A |
| 46 | Greenock Glenpark F | 0:00:00 | | #N/A | | #N/A | | #N/A | | | #N/A |
| | | | #N/A | | #N/A | #N/A | | #N/A | #N/A | | #N/A |
| 47 | Greenock Glenpark F | 0:00:00 | | #N/A | | #N/A | | #N/A | | | #N/A |
| | | | #N/A | | #N/A | #N/A | | #N/A | #N/A | | #N/A |
| 48 | Inverclyde AC | 0:00:00 | Sarah Reford | 40 | | #N/A | | #N/A | | | #N/A |
| | | | 12:23 | | 12:23 | #N/A | | #N/A | #N/A | | #N/A |
| 49 | Inverclyde AC | 0:00:00 | | #N/A | | #N/A | | #N/A | | | #N/A |
| | | | #N/A | | #N/A | #N/A | | #N/A | #N/A | | #N/A |
| 50 | Irvine AC | 0:00:00 | Caitlin Lee | 27 | Alexandra Reid | 38 | | | | | #N/A |
| | | | 11:25 | | 11:25 | 0:24:22 | | 12:57 | #N/A | | #N/A |
| 51 | Kilbarchan AAC | 0:00:00 | Kerry Keegan | 33 | Robyn Lewis | 33 | Ainsley Hards | #N/A | | | #N/A |
| | | | 11:50 | | 11:50 | 0:23:33 | | 11:43 | #N/A | | #N/A |
| 52 | Kilbarchan AAC | 0:00:00 | | #N/A | | #N/A | | #N/A | | | #N/A |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 1 Young Females

| Rank | Runner | Club | Cat | Time |
|------|---------------------|---------------------|-----|-------|
| 1 | Elizabeth Potter | VP-Glasgow AC | U17 | 08:47 |
| 2 | Josephine Moultrie | VP-Glasgow AC | U17 | 09:20 |
| 3 | Hollie Young | VP-Glasgow AC | U15 | 09:29 |
| 4 | Nicola Lindsay | Law & District | U15 | 09:30 |
| 5 | Claire McAuley | Giffnock North AAC | U17 | 09:33 |
| 6 | Natalie Sharp | Kilbarchan AAC | U17 | 09:35 |
| 7 | Catriona Lockie | Giffnock North AAC | U17 | 09:37 |
| 8 | Stephanie Wright | Ron Hill Cambuslang | U17 | 09:42 |
| 9 | Jennifer Hannah | VP-Glasgow AC | U17 | 09:48 |
| 10 | Emma Rice | Inverclyde AC | U17 | 09:48 |
| 11 | Sarah Potter | VP-Glasgow AC | U15 | 09:54 |
| 12 | Caitlin Hendry | Ron Hill Cambuslang | U17 | 10:00 |
| 13 | Vanessa Hogan | Kilbarchan AAC | U13 | 10:01 |
| 14 | Deborah Stokoe | East Kilbride AC | U17 | 10:02 |
| 15 | Heather Howie | Giffnock North AAC | U15 | 10:03 |
| 16 | Deborah Hannah | VP-Glasgow AC | U15 | 10:05 |
| 17 | Alexandra Lamond | Kirkintilloch Oly | U15 | 10:05 |
| 18 | Rebecca Hart | Giffnock North AAC | U15 | 10:06 |
| 19 | Stephanie Curran | Whitemoss | U13 | 10:13 |
| 20 | Stephanie Fairfield | Giffnock North AAC | U13 | 10:15 |
| 21 | Elaine Eadie | Kilbarchan AAC | U15 | 10:16 |
| 22 | Lauren Mooney | Whitemoss | U15 | 10:18 |
| 23 | Eve Kerr | Kilmarnock H & AC | U13 | 10:21 |
| 24 | Brogan Wallace | Kilmarnock H & AC | U13 | 10:22 |
| 25 | Jemma McQuillan | Shettleston H | U13 | 10:24 |
| 26 | Rachel Barlas | Whitemoss | U17 | 10:25 |
| 27 | Laura McCord | Whitemoss | U17 | 10:26 |
| 28 | Aileen Irvine | Giffnock North AAC | U15 | 10:28 |
| 29 | Anna Black | Giffnock North AAC | U13 | 10:28 |
| 30 | Sophie Jones | Giffnock North AAC | U15 | 10:29 |
| 30 | Frances Lowrie | Giffnock North AAC | U13 | 10:29 |
| 30 | Anna Hilley | Giffnock North AAC | U17 | 10:29 |
| 33 | Amanda Monaghan | Shettleston H | U13 | 10:29 |
| 34 | Rachel McDowall | Giffnock North AAC | U17 | 10:29 |
| 35 | Lucy Deeny | Ron Hill Cambuslang | U15 | 10:30 |
| 36 | Sarah Munn | Irvine AC | U17 | 10:30 |
| 37 | Kirsty Jamieson | Whitemoss | U13 | 10:32 |
| 38 | Lois Shankland | Kilmarnock H & AC | U15 | 10:34 |
| 39 | Jennifer Waddell | East Kilbride AC | U15 | 10:35 |
| 40 | Alex Porteous | Giffnock North AAC | U17 | 10:36 |
| 41 | Jemma McSheffery | Ayr Seaforth | U13 | 10:36 |
| 42 | Maria Milliken | Kirkintilloch Oly | U13 | 10:37 |
| 43 | Kate Gillies | Kilbarchan AAC | U13 | 10:39 |
| 44 | Bethany Ross | Kilmarnock H & AC | U15 | 10:40 |
| 45 | Rhona Calder | East Kilbride AC | U15 | 10:42 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 1 Young Females

| | | | | |
|----|-----------------------|---------------------|-----|-------|
| 46 | Constance Hope Mackay | Giffnock North AAC | U13 | 10:44 |
| 47 | Emma Meechan | Inverclyde AC | U15 | 10:45 |
| 48 | Katie McAlpine | Kilbarchan AAC | U15 | 10:47 |
| 49 | Deborah Moore | Inverclyde AC | U17 | 10:50 |
| 50 | Sarah Miller | Whitemoss | U13 | 10:50 |
| 51 | Nikki Manson | Giffnock North AAC | U13 | 10:51 |
| 52 | Amy McLeary | Inverclyde AC | U15 | 10:51 |
| 53 | Stephanie Dougan | Ayr Seaforth | U15 | 10:53 |
| 54 | Lisa MacDonald | Inverclyde AC | U13 | 10:53 |
| 55 | Danielle Melville | Ron Hill Cambuslang | U17 | 10:56 |
| 56 | Caitlin Hackett | East Kilbride AC | U13 | 10:56 |
| 57 | Fiona Borthwick | East Kilbride AC | U15 | 10:57 |
| 58 | Samantha Kelly | Kilbarchan AAC | U17 | 11:00 |
| 59 | Paige Douglas | Irvine AC | U15 | 11:00 |
| 60 | Fern Wales | Kilmarnock H & AC | U13 | 11:00 |
| 61 | Olivia Keenan | Giffnock North AAC | U15 | 11:00 |
| 62 | Jennifer Eadie | Kilbarchan AAC | U13 | 11:01 |
| 63 | Hayley Middleton | East Kilbride AC | U13 | 11:02 |
| 64 | O.Steven | East Kilbride AC | U13 | 11:03 |
| 64 | Gemma McCutcheon | Kilmarnock H & AC | U13 | 11:03 |
| 66 | Keri Haran | Shettleston H | U13 | 11:04 |
| 67 | Rachel McLellan | VP-Glasgow AC | U17 | 11:04 |
| 68 | Helen Pawelczyk | Shettleston H | U15 | 11:05 |
| 69 | Rebecca Bonomi | Ron Hill Cambuslang | U13 | 11:06 |
| 70 | Lauren Campbell | Kilmarnock H & AC | U17 | 11:09 |
| 71 | Kerrie Miller | Ron Hill Cambuslang | U13 | 11:11 |
| 72 | Michelle Bell | Kilbarchan AAC | U17 | 11:12 |
| 73 | Stephanie Sloan | Kilmarnock H & AC | U15 | 11:12 |
| 74 | Joanna Thomson | Giffnock North AAC | U17 | 11:14 |
| 75 | Rachael Bushfield | Inverclyde AC | U17 | 11:15 |
| 76 | Julia Calder | East Kilbride AC | U15 | 11:16 |
| 77 | Julie Dobbin | Law & District | U15 | 11:18 |
| 78 | Sarah Munn | Irvine AC | U17 | 11:21 |
| 78 | Clare Brown | Kirkintilloch Oly | U13 | 11:21 |
| 80 | April Miller | Giffnock North AAC | U15 | 11:21 |
| 81 | Caitlin Lee | Irvine AC | U13 | 11:25 |
| 81 | Amy MacLellan | VP-Glasgow AC | U15 | 11:25 |
| 83 | Iona Wilson | VP-Glasgow AC | U13 | 11:27 |
| 83 | Rachel Dick | VP-Glasgow AC | U13 | 11:27 |
| 85 | Amanda Herron | Kilbarchan AAC | U17 | 11:28 |
| 86 | | Law & District | | 11:30 |
| 87 | Sarah Ogilvie | Kilbarchan AAC | U15 | 11:31 |
| 88 | Cheryl Anderson | Ron Hill Cambuslang | U15 | 11:35 |
| 89 | Sarah McNish | Kilmarnock H & AC | U15 | 11:35 |
| 90 | Milissa Montague | Inverclyde AC | U13 | 11:42 |
| 91 | Robyn Lewis | Kilbarchan AAC | U15 | 11:43 |
| 92 | Mia Tait | Kilmarnock H & AC | U17 | 11:44 |
| 93 | Lauren McIntyre | Kirkintilloch Oly | U15 | 11:46 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 1 Young Females

| | | | | |
|-----|-----------------------|---------------------|-----|-------|
| 94 | Laura Smith | Kilmarnock H & AC | U13 | 11:48 |
| 95 | Constance Hope Mackay | Giffnock North AAC | U13 | 11:49 |
| 96 | Kerry Keegan | Kilbarchan AAC | U13 | 11:50 |
| 97 | Molly Bell | Irvine AC | U15 | 11:52 |
| 97 | Diane Ramsay | Kirkintilloch Oly | U15 | 11:52 |
| 99 | Emily Munn | Irvine AC | U13 | 11:53 |
| 100 | Ashley McQueen | Irvine AC | U15 | 11:53 |
| 101 | Jacqueline Fergusson | East Kilbride AC | U13 | 11:56 |
| 102 | Lauren Goldie | Ayr Seaforth | U15 | 11:57 |
| 103 | Gemma Campbell | Inverclyde AC | U13 | 11:58 |
| 104 | Shereen Smith | Ron Hill Cambuslang | U15 | 11:59 |
| 105 | Lorne Kerr | Kilmarnock H & AC | U13 | 12:00 |
| 106 | Andrea Gaffney | Kirkintilloch Oly | U15 | 12:03 |
| 107 | Eve Dunlop | VP-Glasgow AC | U13 | 12:05 |
| 108 | | Kilmarnock H & AC | | 12:13 |
| 109 | Jessica Donaldson | Shettleston H | U17 | 12:13 |
| 110 | Stephanie Miller | Kilmarnock H & AC | U15 | 12:14 |
| 111 | Laura Meney | Kilmarnock H & AC | U15 | 12:16 |
| 112 | Emma Porteous | Shettleston H | U15 | 12:19 |
| 113 | Eilidh McEvilly | VP-Glasgow AC | U13 | 12:21 |
| 114 | Sarah Reford | Inverclyde AC | U13 | 12:23 |
| 114 | Morven Ford(McEwen) | Kilbarchan AAC | U13 | 12:23 |
| 116 | Cara Butler | Kilbarchan AAC | U13 | 12:27 |
| 117 | Gemma Connelly | Ron Hill Cambuslang | U13 | 12:31 |
| 118 | Amy Meechan | Inverclyde AC | U13 | 12:32 |
| 119 | Jacalyn Dunlop | Kilmarnock H & AC | U13 | 12:33 |
| 120 | Megan Stewart | Kirkintilloch Oly | U13 | 12:47 |
| 121 | Alexandra Reid | Irvine AC | U15 | 12:57 |
| 122 | Nicole Hamilton | Kilmarnock H & AC | U15 | 13:13 |
| 123 | Amy Milliken | Kilmarnock H & AC | U17 | 13:18 |
| 124 | Louise Martin | Kilmarnock H & AC | U17 | 13:32 |
| 125 | Emma Watson | Law & District | U13 | 13:53 |
| 126 | Heather Stewart | Kirkintilloch Oly | U15 | 23:06 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 2 Young Males

| Team No | Club | Team Time | Leg 1 | Leg 2 | Leg 3 |
|---------|---------------------|-----------|----------------------------|--------------------------------------|---|
| 1 | Ayr Seaforth | 0:26:10 | Finlay Rae 08:57 | 1 Andrew Rae 08:57 0:17:42 | 1 Alex Oliver 08:45 0:26:10 08:28 |
| 2 | Giffnock North AAC | 0:26:25 | Neil Gourley 09:31 | 5 Grant Muir 09:31 0:18:05 | 4 Matthew Ritchie 08:34 0:26:25 08:20 |
| 3 | Nithsdale | 0:26:31 | Alistair Barnes 09:32 | 6 David Vernon 09:32 0:17:52 | 3 Kyle McLellan 08:20 0:26:31 08:39 |
| 4 | Kilbarchan AAC | 0:26:37 | Russell Mountford 09:26 | 4 Thomas McDonald 09:26 0:18:26 | 6 Callum Hawkins 09:00 0:26:37 08:11 |
| 5 | Shettleston H | 0:26:40 | Callum Drummond 09:40 | 8 Andrew Dearie 09:40 0:18:13 | 5 Lachlan Oates 08:33 0:26:40 08:27 |
| 6 | Law & District | 0:26:52 | Ross Hill 09:19 | 3 Craig Wellcoat 09:19 0:17:51 | 2 Ross MacDonald 08:32 0:26:52 09:01 |
| 7 | Ron Hill Cambuslang | 0:27:22 | Ryan Thomson 09:53 | 13 Stewart Orr 09:53 0:18:38 | 7 Andrew Coulter 08:45 0:27:22 08:44 |
| 8 | Kirkintilloch Oly | 0:27:26 | Scott Molloy 09:55 | 15 Craig McIntyre 09:55 0:19:28 | 15 Matthew Graham 09:33 0:27:26 07:58 |
| 9 | VP-Glasgow AC | 0:27:28 | Max Aitchison 09:02 | 2 Paul MacFarlane 09:02 0:18:56 | 9 Max Ralston 09:54 0:27:28 08:32 |
| 10 | East Kilbride AC | 0:27:39 | Scott Hernon 09:53 | 13 Adam Gatens 09:53 0:18:50 | 8 David Gorman 08:57 0:27:39 08:49 |
| 11 | Shettleston H | 0:27:52 | Ruaridh Gibson 09:58 | 16 Adam Drummond 09:58 0:19:10 | 12 Gary McBride 09:12 0:27:52 08:42 |
| 12 | East Kilbride AC | 0:28:02 | Drew Gorol 09:45 | 11 Paul Brooks 09:45 0:19:04 | 10 Kevin Harvey 09:19 0:28:02 08:58 |
| 13 | Ron Hill Cambuslang | 0:28:06 | Ross Stephen 10:41 | 31 Jack Hamilton 10:41 0:19:14 | 13 Corin Gallagher 08:33 0:28:06 08:52 |
| 14 | Giffnock North AAC | 0:28:11 | Gary Williamson 10:19 | 21 Sandy Nimmo 10:19 0:19:17 | 14 Greg Turner 08:58 0:28:11 08:54 |
| 15 | Kilbarchan AAC | 0:28:21 | Paul Brown 10:19 | 21 Calum MacLeod 10:19 0:19:32 | 17 Stuart Miller 09:13 0:28:21 08:49 |
| 16 | Inverclyde AC | 0:28:23 | Michael Houston 09:47 | 12 Paul Currie 09:47 0:19:38 | 19 Andrew Campbell 09:51 0:28:23 08:45 |
| 17 | Ron Hill Cambuslang | 0:28:38 | Dean McMurrin 10:25 | 26 Michael Rankin 10:25 0:19:29 | 16 Craig Nelson 09:04 0:28:38 09:09 |
| 18 | Law & District | 0:28:43 | Scott Lawrie 10:00 | 17 Thomas Lafferty 10:00 0:19:34 | 18 Jonathan Velu 09:34 0:28:43 09:09 |
| 19 | Kilbarchan AAC | 0:28:48 | Andrew Campbell 10:19 | 21 Connor Henderson 10:19 0:19:06 | 11 Jack Lochlans 08:47 0:28:48 09:42 |
| 20 | Whitemoss | 0:28:54 | Scott Whiteside 10:32 | 28 Euan Walker 10:32 0:20:00 | 24 Stuart Jamieson 09:28 0:28:54 08:54 |
| 21 | VP-Glasgow AC | 0:28:56 | Findlay Parker 10:03 | 19 Hugh Mackenzie 10:03 0:19:59 | 23 Stuart Ross 09:56 0:28:56 08:57 |
| 22 | Kilmarnock H & AC | 0:29:09 | Evan Cornforth 10:22 | 24 Grant Beattie 10:22 0:19:58 | 22 James Wales 09:36 0:29:09 09:11 |
| 23 | East Kilbride AC | 0:29:17 | Fraser Moxey 10:30 | 27 Fraser Jamieson 10:30 0:20:26 | 29 John Fergusson 09:56 0:29:17 08:51 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 2 Young Males

| | | | | | | | | |
|----|---------------------|---------|---------------------|-------|-------------------|-------|---------------------|-------|
| 24 | VP-Glasgow AC | 0:29:22 | Samuel Adams | 10 | Lewis Wilson | 24 | Michael Gray | 24 |
| | | | 09:43 | 09:43 | 0:20:00 | 10:17 | 0:29:22 | 09:22 |
| 25 | Giffnock North AAC | 0:29:36 | Fraser O'Rourke | 43 | Max Lott | 31 | Ewan McCallum | 25 |
| | | | 11:43 | 11:43 | 0:20:34 | 08:51 | 0:29:36 | 09:02 |
| 26 | Whitemoss | 0:29:40 | Nicholas Philips | 18 | Ross McCord | 21 | John Robertson | 26 |
| | | | 10:02 | 10:02 | 0:19:53 | 09:51 | 0:29:40 | 09:47 |
| 27 | Clydesdale Harriers | 0:29:49 | Tony Dolan | 29 | Peter Bowman | 20 | Ryan Nelson | 27 |
| | | | 10:33 | 10:33 | 0:19:43 | 09:10 | 0:29:49 | 10:06 |
| 28 | Giffnock North AAC | 0:29:57 | David Tolland | 37 | Alistair McCallum | 26 | Lyle Frank | 28 |
| | | | 11:09 | 11:09 | 0:20:17 | 09:08 | 0:29:57 | 09:40 |
| 29 | Inverclyde AC | 0:29:59 | Jack Rice | 9 | Jack Bushfield | 28 | Matthew Deegan | 29 |
| | | | 09:42 | 09:42 | 0:20:23 | 10:41 | 0:29:59 | 09:36 |
| 30 | Kilmarnock H & AC | 0:30:04 | Angus Cochrane | 33 | Craig Robertson | 34 | Gregory Leyden | 30 |
| | | | 11:00 | 11:00 | 0:20:43 | 09:43 | 0:30:04 | 09:21 |
| 31 | Ayr Seaforth | 0:30:15 | Blair Wilson | 35 | Thomas Andrews | 33 | Greg Templeton | 31 |
| | | | 11:07 | 11:07 | 0:20:41 | 09:34 | 0:30:15 | 09:34 |
| 32 | Giffnock North AAC | 0:30:29 | Fraser Rathey | 35 | James Gray | 37 | Jamie McAldine | 32 |
| | | | 11:07 | 11:07 | 0:21:07 | 10:00 | 0:30:29 | 09:22 |
| 33 | Kilmarnock H & AC | 0:30:31 | Fergus Morris | 20 | Roy Shankland | 35 | David Meikle | 33 |
| | | | 10:14 | 10:14 | 0:20:59 | 10:45 | 0:30:31 | 09:32 |
| 34 | East Kilbride AC | 0:30:34 | James Pearson | 29 | Andrew Shaw | 32 | David MacMillan | 34 |
| | | | 10:33 | 10:33 | 0:20:40 | 10:07 | 0:30:34 | 09:54 |
| 35 | Kilmarnock H & AC | 0:30:52 | Luke McGill | 25 | Gregor Devoy | 38 | Ross Connolly | 35 |
| | | | 10:23 | 10:23 | 0:21:34 | 11:11 | 0:30:52 | 09:18 |
| 36 | Ron Hill Cambuslang | 0:31:08 | Colin Blyth | 34 | Liam Deeny | 27 | Chris Gebbie | 36 |
| | | | 11:05 | 11:05 | 0:20:21 | 09:16 | 0:31:08 | 10:47 |
| 37 | Inverclyde AC | 0:31:18 | Michael Mullholland | 43 | Kyle McCabe | 41 | Stefan McLean-Torel | 37 |
| | | | 11:43 | 11:43 | 0:22:12 | 10:29 | 0:31:18 | 09:06 |
| 38 | Irvine AC | 0:31:22 | #N/A | #N/A | #N/A | #N/A | 0:31:22 | 31:22 |
| | | | #N/A | #N/A | #N/A | #N/A | 0:31:22 | 31:22 |
| 39 | Calderglen Harriers | 0:32:09 | Ian Rae | 40 | Mark Thomson | 42 | Ewan Murray | 39 |
| | | | 11:21 | 11:21 | 0:22:18 | 10:57 | 0:32:09 | 09:51 |
| 40 | Kirkintilloch Oly | 0:32:40 | John McCall | 45 | Kieran Pugh | 44 | Callum Pettigrew | 40 |
| | | | 11:45 | 11:45 | 0:22:33 | 10:48 | 0:32:40 | 10:07 |
| 41 | Ayr Seaforth | 0:32:47 | Ben Steven | 48 | Adam Paul Steven | 43 | Jonathan Dunn | 41 |
| | | | 12:29 | 12:29 | 0:22:30 | 10:01 | 0:32:47 | 10:17 |
| 42 | Shettleston H | 0:33:15 | Brian McLean | 49 | Ryan Taylor | 48 | Jamie Holding | 42 |
| | | | 13:54 | 13:54 | 0:24:45 | 10:51 | 0:33:15 | 08:30 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 2 Young Males

| Rank | Runner | Club | Cat | Time |
|------|-----------------------|---------------------|-----|-------|
| 1 | Matthew Graham | Kirkintilloch Oly | U17 | 07:58 |
| 2 | Callum Hawkins | Kilbarchan AAC | U17 | 08:11 |
| 3 | David Vernon | Nithsdale | U15 | 08:20 |
| 4 | Matthew Ritchie | Giffnock North AAC | U17 | 08:20 |
| 5 | Lachlan Oates | Shettleston H | U17 | 08:27 |
| 6 | Alex Oliver | Ayr Seaforth | U17 | 08:28 |
| 7 | Jamie Holding | Shettleston H | U17 | 08:30 |
| 8 | Max Ralston | VP-Glasgow AC | U17 | 08:32 |
| 9 | Craig Wellcoat | Law & District | U15 | 08:32 |
| 10 | Jack Hamilton | Ron Hill Cambuslang | U15 | 08:33 |
| 10 | Andrew Dearie | Shettleston H | U15 | 08:33 |
| 12 | Grant Muir | Giffnock North AAC | U15 | 08:34 |
| 13 | Kyle McLellan | Nithsdale | U17 | 08:39 |
| 14 | Gary McBride | Shettleston H | U17 | 08:42 |
| 15 | Andrew Coulter | Ron Hill Cambuslang | U17 | 08:44 |
| 16 | Stewart Orr | Ron Hill Cambuslang | U15 | 08:45 |
| 17 | Andrew Rae | Ayr Seaforth | U15 | 08:45 |
| 18 | Andrew Campbell | Inverclyde AC | U17 | 08:45 |
| 19 | Connor Henderson | Kilbarchan AAC | U15 | 08:47 |
| 20 | Stuart Miller | Kilbarchan AAC | U17 | 08:49 |
| 21 | David Gorman | East Kilbride AC | U17 | 08:49 |
| 22 | John Fergusson | East Kilbride AC | U17 | 08:51 |
| 23 | Max Lott | Giffnock North AAC | U15 | 08:51 |
| 24 | Corin Gallagher | Ron Hill Cambuslang | U17 | 08:52 |
| 25 | Greg Turner | Giffnock North AAC | U17 | 08:54 |
| 25 | Stuart Jamieson | Whitemoss | U17 | 08:54 |
| 27 | Finlay Rae | Ayr Seaforth | U13 | 08:57 |
| 28 | Adam Gatens | East Kilbride AC | U15 | 08:57 |
| 28 | Stuart Ross | VP-Glasgow AC | U17 | 08:57 |
| 30 | Sandy Nimmo | Giffnock North AAC | U15 | 08:58 |
| 31 | Kevin Harvey | East Kilbride AC | U17 | 08:58 |
| 32 | Thomas McDonald | Kilbarchan AAC | U15 | 09:00 |
| 33 | Ross MacDonald | Law & District | U17 | 09:01 |
| 34 | Ewan McCallum | Giffnock North AAC | U17 | 09:02 |
| 35 | Max Aitchison | VP-Glasgow AC | U13 | 09:02 |
| 36 | Michael Rankin | Ron Hill Cambuslang | U15 | 09:04 |
| 37 | Stefan McLean-Toremar | Inverclyde AC | U17 | 09:06 |
| 38 | Alistair McCallum | Giffnock North AAC | U15 | 09:08 |
| 39 | Craig Nelson | Ron Hill Cambuslang | U17 | 09:09 |
| 40 | Jonathan Velu | Law & District | U15 | 09:09 |
| 41 | Peter Bowman | Clydesdale Harriers | U15 | 09:10 |
| 42 | James Wales | Kilmarnock H & AC | U17 | 09:11 |
| 43 | Adam Drummond | Shettleston H | U15 | 09:12 |
| 44 | Calum MacLeod | Kilbarchan AAC | U15 | 09:13 |
| 45 | Liam Deeny | Ron Hill Cambuslang | U15 | 09:16 |
| 46 | Ross Connolly | Kilmarnock H & AC | U17 | 09:18 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 2 Young Males

| | | | | |
|----|-------------------|---------------------|-----|-------|
| 47 | Ross Hill | Law & District | U13 | 09:19 |
| 47 | Paul Brooks | East Kilbride AC | U15 | 09:19 |
| 49 | Gregory Leyden | Kilmarnock H & AC | U17 | 09:21 |
| 50 | Jamie McAlidine | Giffnock North AAC | U17 | 09:22 |
| 50 | Michael Gray | VP-Glasgow AC | U17 | 09:22 |
| 52 | Russell Mountford | Kilbarchan AAC | U13 | 09:26 |
| 53 | Euan Walker | Whitemoss | U15 | 09:28 |
| 54 | Neil Gourley | Giffnock North AAC | U13 | 09:31 |
| 55 | Alistair Barnes | Nithsdale | U13 | 09:32 |
| 56 | David Meikle | Kilmarnock H & AC | U17 | 09:32 |
| 57 | Craig McIntyre | Kirkintilloch Oly | U15 | 09:33 |
| 58 | Thomas Andrews | Ayr Seaforth | U15 | 09:34 |
| 58 | Greg Templeton | Ayr Seaforth | U17 | 09:34 |
| 60 | Thomas Lafferty | Law & District | U15 | 09:34 |
| 61 | Grant Beattie | Kilmarnock H & AC | U15 | 09:36 |
| 62 | Matthew Deegan | Inverclyde AC | U17 | 09:36 |
| 63 | Kian Douglas | Irvine AC | U13 | 09:36 |
| 64 | Lyle Frank | Giffnock North AAC | U17 | 09:40 |
| 65 | Callum Drummond | Shettleston H | U13 | 09:40 |
| 66 | Jack Rice | Inverclyde AC | U13 | 09:42 |
| 67 | Jack Lochlans | Kilbarchan AAC | U15 | 09:42 |
| 68 | Craig Robertson | Kilmarnock H & AC | U15 | 09:43 |
| 69 | Samuel Adams | VP-Glasgow AC | U13 | 09:43 |
| 70 | Drew Gorol | East Kilbride AC | U13 | 09:45 |
| 70 | Ryan Harkin | Ron Hill Cambuslang | U15 | 09:45 |
| 72 | Michael Houston | Inverclyde AC | U13 | 09:47 |
| 73 | John Robertson | Whitemoss | U17 | 09:47 |
| 74 | Simon Urie | Kilbarchan AAC | U15 | 09:48 |
| 75 | Ewan Murray | Calderglen Harriers | U15 | 09:51 |
| 76 | Paul Currie | Inverclyde AC | U15 | 09:51 |
| 77 | Ross McCord | Whitemoss | U15 | 09:51 |
| 78 | Scott Hernon | East Kilbride AC | U13 | 09:53 |
| 78 | Ryan Thomson | Ron Hill Cambuslang | U13 | 09:53 |
| 80 | Andrew Quinn | Kilbarchan AAC | U15 | 09:54 |
| 80 | Paul MacFarlane | VP-Glasgow AC | U15 | 09:54 |
| 80 | David MacMillan | East Kilbride AC | U15 | 09:54 |
| 83 | Scott Molloy | Kirkintilloch Oly | U13 | 09:55 |
| 84 | Hugh Mackenzie | VP-Glasgow AC | U15 | 09:56 |
| 85 | Fraser Jamieson | East Kilbride AC | U15 | 09:56 |
| 86 | Ruaridh Gibson | Shettleston H | U13 | 09:58 |
| 87 | Scott Lawrie | Law & District | U15 | 10:00 |
| 87 | James Gray | Giffnock North AAC | U15 | 10:00 |
| 89 | Adam Paul Steven | Ayr Seaforth | U15 | 10:01 |
| 90 | Nicholas Philips | Whitemoss | U13 | 10:02 |
| 91 | Findlay Parker | VP-Glasgow AC | U13 | 10:03 |
| 92 | Ryan Nelson | Clydesdale Harriers | U17 | 10:06 |
| 93 | Callum Pettigrew | Kirkintilloch Oly | U17 | 10:07 |
| 94 | Andrew Shaw | East Kilbride AC | U15 | 10:07 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 2 Young Males

| | | | | |
|-----|---------------------|---------------------|-----|-------|
| 95 | Fergus Morris | Kilmarnock H & AC | U13 | 10:14 |
| 96 | Jonathan Dunn | Ayr Seaforth | U17 | 10:17 |
| 97 | Lewis Wilson | VP-Glasgow AC | U15 | 10:17 |
| 98 | Gary Williamson | Giffnock North AAC | U13 | 10:19 |
| 98 | Paul Brown | Kilbarchan AAC | U13 | 10:19 |
| 98 | Andrew Campbell | Kilbarchan AAC | U13 | 10:19 |
| 101 | Evan Cornforth | Kilmarnock H & AC | U13 | 10:22 |
| 102 | Luke McGill | Kilmarnock H & AC | U13 | 10:23 |
| 103 | Dean McMurrin | Ron Hill Cambuslang | U13 | 10:25 |
| 104 | Chris Bonnar | Giffnock North AAC | U13 | 10:27 |
| 105 | Kyle McCabe | Inverclyde AC | U15 | 10:29 |
| 106 | Fraser Moxey | East Kilbride AC | U13 | 10:30 |
| 107 | Scott Whiteside | Whitemoss | U15 | 10:32 |
| 108 | Tony Dolan | Clydesdale Harriers | U13 | 10:33 |
| 108 | James Pearson | East Kilbride AC | U13 | 10:33 |
| 110 | Ross Stephen | Ron Hill Cambuslang | U13 | 10:41 |
| 111 | Jack Bushfield | Inverclyde AC | U15 | 10:41 |
| 112 | Matt Wild | Kilbarchan AAC | U13 | 10:44 |
| 113 | Roy Shankland | Kilmarnock H & AC | U13 | 10:45 |
| 114 | Chris Gebbie | Ron Hill Cambuslang | U15 | 10:47 |
| 115 | Kieran Pugh | Kirkintilloch Oly | U13 | 10:48 |
| 116 | Ryan Taylor | Shettleston H | U15 | 10:51 |
| 117 | Mark Thomson | Calderglen Harriers | U15 | 10:57 |
| 118 | Angus Cochrane | Kilmarnock H & AC | U13 | 11:00 |
| 119 | Colin Blyth | Ron Hill Cambuslang | U13 | 11:05 |
| 120 | Blair Wilson | Ayr Seaforth | U13 | 11:07 |
| 120 | Fraser Rathey | Giffnock North AAC | U13 | 11:07 |
| 122 | David Tolland | Giffnock North AAC | U13 | 11:09 |
| 123 | John McCall | Kilbarchan AAC | U13 | 11:11 |
| 124 | Gregor Devoy | Kilmarnock H & AC | U15 | 11:11 |
| 125 | Ryan White | Kilmarnock H & AC | U13 | 11:13 |
| 126 | Ian Rae | Calderglen Harriers | U13 | 11:21 |
| 126 | Calum Firth | Giffnock North AAC | U13 | 11:21 |
| 128 | Daniel Steele | Kilmarnock H & AC | U13 | 11:35 |
| 129 | Cory O'Hara | Kilmarnock H & AC | U13 | 11:41 |
| 130 | Fraser O'Rourke | Giffnock North AAC | U13 | 11:43 |
| 130 | Michael Mullholland | Inverclyde AC | U13 | 11:43 |
| 132 | John McCall | Kirkintilloch Oly | U13 | 11:45 |
| 133 | Jack Blair | Calderglen Harriers | U13 | 11:50 |
| 134 | Matthew McKenna | Ron Hill Cambuslang | U13 | 12:17 |
| 135 | Calum McAughtrie | Kilmarnock H & AC | U15 | 12:25 |
| 136 | Ben Steven | Ayr Seaforth | U13 | 12:29 |
| 137 | Ryan Janson | Irvine AC | U15 | 12:57 |
| 138 | Brian McLean | Shettleston H | U13 | 13:54 |
| 139 | | Irvine AC | | 31:22 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 3 Junior Senior Women

| Team No | Club | Team Time | Leg 1 | | Leg 2 | | Leg 3 | |
|---------|---------------------|-----------|-------------------|-------|-------------------|-------|-------------------|-------|
| 1 | Kilbarchan AAC | 0:43:14 | Kerry Lang | 1 | Leanne Hamilton | 1 | Elspeth Curran | 1 |
| | | | 13:49 | 13:49 | 0:28:51 | 15:02 | 0:43:14 | 14:23 |
| 2 | Springburn | 0:43:40 | Danielle Brown | 2 | Clare Gemmell | 2 | Lesley Chisholm | 2 |
| | | | 14:13 | 14:13 | 0:29:12 | 14:59 | 0:43:40 | 14:28 |
| 3 | VP-Glasgow AC | 0:44:53 | Rebecca Finch | 7 | Claire McCracken | 5 | Susan Finch | 3 |
| | | | 15:00 | 15:00 | 0:30:14 | 15:14 | 0:44:53 | 14:39 |
| 4 | Giffnock North AAC | 0:45:38 | Lauren Taylor | 9 | Laura Baird | 3 | Doleen Galbraith | 4 |
| | | | 15:14 | 15:14 | 0:29:35 | 14:21 | 0:45:38 | 16:03 |
| 5 | Kilbarchan AAC | 0:47:28 | Cara Sloss | 8 | Christina Rankin | 7 | Lynsey Curran | 5 |
| | | | 15:06 | 15:06 | 0:30:43 | 15:37 | 0:47:28 | 16:45 |
| 6 | Garscube Harriers | 0:47:50 | Carole Gilmour | 10 | Marion Kelly | 8 | Alison Winship | 6 |
| | | | 15:45 | 15:45 | 0:32:37 | 16:52 | 0:47:50 | 15:13 |
| 7 | Springburn | 0:49:15 | Frances Florence | 6 | Michelle Sandison | 4 | Caroline Brownlie | 7 |
| | | | 14:42 | 14:42 | 0:29:40 | 14:58 | 0:49:15 | 19:35 |
| 8 | Kilmarnock H & AC | 0:49:45 | Kara Tait | 14 | Colleen Tait | 9 | Emma Mackie | 8 |
| | | | 16:14 | 16:14 | 0:33:38 | 17:24 | 0:49:45 | 16:07 |
| 9 | Kirkintilloch Oly | 0:52:12 | Anmarie McCaffrey | 12 | Shirley MacNab | 14 | Ada Stewart | 9 |
| | | | 16:08 | 16:08 | 0:35:10 | 19:02 | 0:52:12 | 17:02 |
| 10 | Bellahouston RR | 0:52:43 | Madeline Brammer | 20 | Sarah Dowling | 11 | Julia Harris | 10 |
| | | | 17:53 | 17:53 | 0:34:20 | 16:27 | 0:52:43 | 18:23 |
| 11 | Kilbarchan AAC | 0:52:53 | Fiona McIntyre | 11 | Hannah Waugh | 13 | Kate O'Brien | 11 |
| | | | 15:51 | 15:51 | 0:34:30 | 18:39 | 0:52:53 | 18:23 |
| 12 | Bellahouston RR | 0:54:01 | Lynsey Munro | 18 | Jackie O'Grady | 16 | Louise Tarbet | 12 |
| | | | 17:46 | 17:46 | 0:36:00 | 18:14 | 0:54:01 | 18:01 |
| 13 | Kilmarnock H & AC | 0:54:07 | Paula Wilson | 16 | Avryl Cornforth | 10 | Marion Burns | 13 |
| | | | 16:42 | 16:42 | 0:34:10 | 17:28 | 0:54:07 | 19:57 |
| 14 | Kilmarnock H & AC | 0:58:14 | Janet Murray | 19 | Laura Carruthers | 17 | Laura Cairns | 14 |
| | | | 17:48 | 17:48 | 0:39:07 | 21:19 | 0:58:14 | 19:07 |
| 15 | Westerlands CC Club | 0:62:26 | Helen MacPherson | 21 | Ellen Homewood | 18 | Pauline McAdam | 15 |
| | | | 20:07 | 20:07 | 0:43:12 | 23:05 | 0:62:26 | 19:14 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 3 Junior Senior Women

| Rank | Club | 1st Runner | Cat | Time |
|------|------------------------|--------------------|-----|-------|
| 1 | Kilbarchan AAC | Kerry Lang | SEN | 13:49 |
| 2 | Springburn | Danielle Brown | U20 | 14:13 |
| 2 | VP-Glasgow AC | Nicola Hood | U20 | 14:13 |
| 4 | Giffnock North AAC | Laura Baird | U20 | 14:21 |
| 5 | Kilbarchan AAC | Elsbeth Curran | U20 | 14:23 |
| 6 | Springburn | Lesley Chisholm | SEN | 14:28 |
| 7 | Strathclyde University | Fiona Gentles | SEN | 14:36 |
| 8 | Inverclyde AC | Rhona Bushfield | VET | 14:38 |
| 9 | VP-Glasgow AC | Susan Finch | VET | 14:39 |
| 10 | Springburn | Frances Florence | VET | 14:42 |
| 11 | Springburn | Michelle Sandison | SEN | 14:58 |
| 12 | Springburn | Clare Gemmell | VET | 14:59 |
| 13 | VP-Glasgow AC | Rebecca Finch | U20 | 15:00 |
| 14 | Kilbarchan AAC | Leanne Hamilton | SEN | 15:02 |
| 15 | Kilbarchan AAC | Cara Sloss | SEN | 15:06 |
| 16 | Garscube Harriers | Alison Winship | VET | 15:13 |
| 17 | Giffnock North AAC | Lauren Taylor | U20 | 15:14 |
| 18 | VP-Glasgow AC | Claire McCracken | SEN | 15:14 |
| 19 | Kilbarchan AAC | Christina Rankin | U20 | 15:37 |
| 20 | Garscube Harriers | Carole Gilmour | SEN | 15:45 |
| 21 | Kilbarchan AAC | Fiona McIntyre | SEN | 15:51 |
| 22 | Giffnock North AAC | Doleen Galbraith | VET | 16:03 |
| 23 | Kilmarnock H & AC | Emma Mackie | SEN | 16:07 |
| 24 | Kirkintilloch Oly | Annmarie McCaffrey | VET | 16:08 |
| 25 | East Kilbride AC | Kelly Smith | SEN | 16:10 |
| 26 | Kilmarnock H & AC | Kara Tait | U20 | 16:14 |
| 27 | VP-Glasgow AC | Donna Finlayson | SEN | 16:21 |
| 28 | Irvine AC | Helen Morton | VET | 16:23 |
| 29 | Bellahouston RR | Sarah Dowling | VET | 16:27 |
| 30 | Kilmarnock H & AC | Paula Wilson | VET | 16:42 |
| 31 | Kilbarchan AAC | Lynsey Curran | SEN | 16:45 |
| 32 | Garscube Harriers | Marion Kelly | SEN | 16:52 |
| 33 | Kirkintilloch Oly | Ada Stewart | VET | 17:02 |
| 34 | Garscube Harriers | Alison McCarn | SEN | 17:03 |
| 35 | Garscube Harriers | Kathryn Ellis | SEN | 17:20 |
| 36 | Kilmarnock H & AC | Colleen Tait | U20 | 17:24 |
| 37 | Kilmarnock H & AC | Avryl Cornforth | VET | 17:28 |
| 38 | Bellahouston RR | Lynsey Munro | SEN | 17:46 |
| 39 | Kilmarnock H & AC | Janet Murray | VET | 17:48 |
| 40 | Bellahouston RR | Madeline Brammer | VET | 17:53 |
| 41 | Bellahouston RR | Louise Tarbet | SEN | 18:01 |
| 42 | Bellahouston RR | Jackie O'Grady | VET | 18:14 |
| 43 | Bellahouston RR | Julia Harris | VET | 18:23 |
| 43 | Kilbarchan AAC | Kate O'Brien | VET | 18:23 |
| 45 | Kilbarchan AAC | Hannah Waugh | SEN | 18:39 |
| 46 | Kirkintilloch Oly | Shirley MacNab | VET | 19:02 |
| 47 | Kilmarnock H & AC | Laura Cairns | SEN | 19:07 |
| 48 | Westerlands CC Club | Pauline McAdam | VET | 19:14 |
| 49 | Irvine AC | Mary Miller | VET | 19:23 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 3 Junior Senior Women

| | | | | |
|----|---------------------|-------------------|-----|-------|
| 50 | Springburn | Caroline Brownlie | SEN | 19:35 |
| 51 | Kilmarnock H & AC | Marion Burns | VET | 19:57 |
| 52 | Westerlands CC Club | Helen MacPherson | VET | 20:07 |
| 53 | Kilmarnock H & AC | Laura Carruthers | VET | 21:19 |
| 54 | Westerlands CC Club | Ellen Homewood | SEN | 23:05 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 4 Junior Senior Males

| Team Pk | Club | Team Time | Leg 1 | | Leg 2 | | Leg 3 | | Leg 4 | |
|---------|----------------------|-----------|---------------------|-------|---------------------|-------|-------------------|-------|--------------------|-------|
| 1 | Inverclyde AC | 0:47:35 | Graeme Hyett | 3 | Chris Mackay | 1 | Craig Ruddy | 1 | Mark Pollard | 1 |
| | | | 12:16 | 12:16 | 0:23:59 | 11:43 | 0:35:48 | 11:49 | 0:47:35 | 11:47 |
| 2 | Shettleston H | 0:48:02 | Andy Little | 1 | Allan Adams | 3 | Martin Graham | 2 | Paul Sorrie | 2 |
| | | | 12:01 | 12:01 | 0:24:10 | 12:09 | 0:36:10 | 12:00 | 0:48:02 | 11:52 |
| 3 | Kilbarchan AAC | 0:48:24 | Paul Arcari | 2 | Robert Quinn | 2 | Thomas Hearle | 3 | Conor McNulty | 3 |
| | | | 12:02 | 12:02 | 0:24:03 | 12:01 | 0:36:25 | 12:22 | 0:48:24 | 11:59 |
| 4 | Ron Hill Cambuslang | 0:49:25 | Charles Thomson | 4 | Jamie Reid | 4 | Joseph Kealey | 4 | Robert Gilroy | 4 |
| | | | 12:18 | 12:18 | 0:24:46 | 12:28 | 0:37:16 | 12:30 | 0:49:25 | 12:09 |
| 5 | Kilbarchan AAC | 0:50:08 | Grant Higgins | 7 | Scott Hawkins | 5 | Paul Leck | 5 | Calum Morrison | 5 |
| | | | 12:38 | 12:38 | 0:24:54 | 12:16 | 0:37:30 | 12:36 | 0:50:08 | 12:38 |
| 6 | Inverclyde AC | 0:51:48 | Sean Gaffney | 11 | Stephen Cooke | 13 | Robert Gray | 6 | Gerard Gaffney | 6 |
| | | | 12:54 | 12:54 | 0:26:09 | 13:15 | 0:38:17 | 12:08 | 0:51:48 | 13:31 |
| 7 | Kilbarchan AAC | 0:52:20 | Fraser Williams | 5 | James Snodgrass | 8 | John McMillan | 7 | Stephen McGoldrick | 7 |
| | | | 12:28 | 12:28 | 0:25:29 | 13:01 | 0:38:45 | 13:16 | 0:52:20 | 13:35 |
| 8 | Shettleston H | 0:52:29 | Stuart Greenway | 10 | Gordon Phillips | 10 | William Coyle | 8 | Marc McColl | 8 |
| | | | 12:50 | 12:50 | 0:25:55 | 13:05 | 0:39:06 | 13:11 | 0:52:29 | 13:23 |
| 9 | Bellahouston RR | 0:53:05 | Kenneth Richmond | 14 | Marcos Sanz Gomez | 14 | Liam Conway | 10 | Nick Reid | 9 |
| | | | 12:56 | 12:56 | 0:26:20 | 13:24 | 0:39:45 | 13:25 | 0:53:05 | 13:20 |
| 10 | Ron Hill Cambuslang | 0:53:06 | Greig Hastie | 6 | Jamie Findlay | 7 | Michael O'Hagan | 12 | Lukasz Grabinski | 10 |
| | | | 12:37 | 12:37 | 0:25:24 | 12:47 | 0:39:59 | 14:35 | 0:53:06 | 13:07 |
| 11 | Kilmarnock H & AC | 0:53:12 | Iain Connell | 9 | Roger Naughton | 11 | Andrew McGhee | 11 | Cameron Wilson | 11 |
| | | | 12:49 | 12:49 | 0:25:57 | 13:08 | 0:39:52 | 13:55 | 0:53:12 | 13:20 |
| 12 | East Kilbride AC | 0:53:56 | David J. Condra | 22 | J.Clements | 18 | William Taylor | 18 | Stephen Matthews | 12 |
| | | | 13:51 | 13:51 | 0:27:05 | 13:14 | 0:41:18 | 14:13 | 0:53:56 | 12:38 |
| 13 | VP-Glasgow AC | 0:54:08 | Derek Watson Snr. | 21 | Derek Gibb | 18 | Martin Hayes | 13 | Gerard Craig | 13 |
| | | | 13:46 | 13:46 | 0:27:05 | 13:19 | 0:40:16 | 13:11 | 0:54:08 | 13:52 |
| 14 | Garscube Harriers | 0:54:18 | Ewan Mackay | 19 | Alastair Morrison | 9 | Andrew Leck | 9 | Robert McLennan | 14 |
| | | | 13:38 | 13:38 | 0:25:46 | 12:08 | 0:39:43 | 13:57 | 0:54:18 | 14:35 |
| 15 | Greenock Glenpark H | 0:54:37 | Stephen McLoone | 13 | Graham Kane | 17 | Daniel McLaughlin | 17 | Andrew McCall | 15 |
| | | | 12:55 | 12:55 | 0:26:55 | 14:00 | 0:41:15 | 14:20 | 0:54:37 | 13:22 |
| 16 | Springburn | 0:54:49 | Damian McAuly | 18 | Andrew Callan | 20 | John Bell | 14 | Alan Hill | 16 |
| | | | 13:29 | 13:29 | 0:27:24 | 13:55 | 0:40:35 | 13:11 | 0:54:49 | 14:14 |
| 17 | Giffnock North AAC | 0:55:42 | Neil Deerey | 16 | Norman Galbraith | 15 | David McNab | 15 | Derek Breen | 17 |
| | | | 13:09 | 13:09 | 0:26:45 | 13:36 | 0:40:48 | 14:03 | 0:55:42 | 14:54 |
| 18 | Calderglenn Harriers | 0:56:13 | Blair Matthew | 11 | Stuart Gibson | 12 | Alan Cullie | 20 | Eddie Reid | 18 |
| | | | 12:54 | 12:54 | 0:25:59 | 13:05 | 0:41:54 | 15:55 | 0:56:13 | 14:19 |
| 19 | Irvine AC | 0:56:26 | Ian Berryman | 26 | Colin Miller | 21 | William Morgan | 19 | James Sneddon | 19 |
| | | | 14:13 | 14:13 | 0:27:47 | 13:34 | 0:41:37 | 13:50 | 0:56:26 | 14:49 |
| 20 | Clydesdale Harriers | 0:57:42 | Paul Carroll | 23 | Peter Halpin | 25 | Iain Robertson | 22 | John McArthur | 20 |
| | | | 13:56 | 13:56 | 0:28:32 | 14:36 | 0:43:26 | 14:54 | 0:57:42 | 14:16 |
| 21 | Inverclyde AC | 0:58:26 | Jude Boulton | 29 | Thomas Jamieson | 22 | Gavin Morrison | 21 | Kenny Morrison | 21 |
| | | | 14:26 | 14:26 | 0:28:04 | 13:38 | 0:42:37 | 14:33 | 0:58:26 | 15:49 |
| 22 | Kilbarchan AAC | 0:59:13 | Donald Petrie | 20 | Steven Hards | 24 | Robert Allison | 23 | Andrew Clugston | 22 |
| | | | 13:40 | 13:40 | 0:28:19 | 14:39 | 0:43:54 | 15:35 | 0:59:13 | 15:19 |
| 23 | Calderglenn Harriers | 0:59:35 | Kenneth Davidson | 27 | Paul White | 27 | Gerard Mullen | 24 | Jim Holmes | 23 |
| | | | 14:15 | 14:15 | 0:28:45 | 14:30 | 0:44:04 | 15:19 | 0:59:35 | 15:31 |
| 24 | Giffnock North AAC | 0:59:43 | Julian Rose | 33 | George Taylor | 23 | Mark Hollinshead | 25 | Gerry McNamee | 24 |
| | | | 14:35 | 14:35 | 0:28:17 | 13:42 | 0:44:11 | 15:54 | 0:59:43 | 15:32 |
| 25 | Kilmarnock H & AC | 0:59:50 | Steven McNeill | 17 | Ronnie Dalziel | 26 | Graham Cairns | 26 | Connell Drummond | 25 |
| | | | 13:20 | 13:20 | 0:28:44 | 15:24 | 0:44:17 | 15:33 | 0:59:50 | 15:33 |
| 26 | Bellahouston RR | 0:60:20 | Russell Whittington | 28 | Greig Glendinning | | Ian Goudie | | Craig Ross | 26 |
| | | | 14:23 | 14:23 | 0:31:47 | 17:24 | 0:46:26 | 14:39 | 0:60:20 | 13:54 |
| 27 | Greenock Glenpark H | 0:62:33 | Alan O'Rourke | 38 | Michael McLoone Jnr | 33 | Thomas Knight | 30 | James Sheridan | 27 |
| | | | 15:30 | 15:30 | 0:30:58 | 15:28 | 0:46:39 | 15:41 | 0:62:33 | 15:54 |
| 28 | East Kilbride AC | 0:63:02 | Graeme Haddow | 31 | N.Walker | 28 | Edgar Ramage | 31 | Michael Browne | 28 |
| | | | 14:32 | 14:32 | 0:29:37 | 15:05 | 0:47:00 | 17:23 | 0:63:02 | 16:02 |
| 29 | Kirkintilloch Oly | 0:64:00 | Kenny Grant | 43 | Edward McLoone | 30 | Peter Ramsay | 27 | Gordon McLean | 29 |
| | | | 16:22 | 16:22 | 0:30:25 | 14:03 | 0:45:39 | 15:14 | 0:64:00 | 18:21 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 4 Junior Senior Males

| | | | | | | | | | | |
|----|---------------------|---------|-----------------|-------|------------------|-------|-------------------|-------|------------------|-------|
| 30 | Troon Tortoises | 0:64:41 | Ian McNee | 42 | George McGregor | 41 | Timothy Downie | 35 | Charles Martin | 30 |
| | | | 15:47 | 15:47 | 0:32:12 | 16:25 | 0:48:30 | 16:18 | 0:64:41 | 16:11 |
| 31 | Inverclyde AC | 0:66:16 | Paul Bushfield | 41 | Robert Shaw | 36 | George Hegarty | 36 | Tom Tracey | 31 |
| | | | 15:43 | 15:43 | 0:31:30 | 15:47 | 0:48:54 | 17:24 | 0:66:16 | 17:22 |
| 32 | Calderglen Harriers | 0:67:00 | Ian Rae | 39 | Andrew Henderson | 40 | Colin Macdonald | 16 | David Herbertson | 32 |
| | | | 15:35 | 15:35 | 0:31:52 | 16:17 | 0:41:02 | 09:10 | 0:67:00 | 25:58 |
| 33 | Clydesdale Harriers | 0:67:29 | Robert Young | 37 | Brian J Campbell | 34 | Bobby Rossborough | 37 | Peter Rudzinski | 33 |
| | | | 15:26 | 15:26 | 0:31:11 | 15:45 | 0:50:01 | 18:50 | 0:67:29 | 17:28 |
| 34 | Kilbarchan AAC | 0:67:30 | Stephen Ogilvie | 45 | James McMillan | 44 | Jason Pender | 38 | Robert Connell | 34 |
| | | | 17:29 | 17:29 | 0:33:55 | 16:26 | 0:51:13 | 17:18 | 0:67:30 | 16:17 |
| 35 | Irvine AC | 0:68:09 | James White | 35 | Jim Stevenson | 29 | David Kerr | 39 | Andrew Rennie | 35 |
| | | | 15:10 | 15:10 | 0:29:59 | 14:49 | 0:52:01 | 22:02 | 0:68:09 | 16:08 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 4 Junior Senior Males

| Rank | Runner | Club | Cat | Time |
|------|--------------------|---------------------|-------|-------|
| 1 | Chris Mackay | Inverclyde AC | SEN | 11:43 |
| 2 | Mark Pollard | Inverclyde AC | SEN | 11:47 |
| 3 | David Millar | Irvine AC | VET | 11:48 |
| 4 | Craig Ruddy | Inverclyde AC | U20 | 11:49 |
| 5 | Paul Sorrie | Shettleston H | SEN | 11:52 |
| 6 | Conor McNulty | Kilbarchan AAC | U20 | 11:59 |
| 7 | Martin Graham | Shettleston H | SEN | 12:00 |
| 8 | Robert Quinn | Kilbarchan AAC | VET | 12:01 |
| 9 | Andy Little | Shettleston H | VET | 12:01 |
| 10 | Paul Arcari | Kilbarchan AAC | SEN | 12:02 |
| 11 | Alastair Morrison | Garscube Harriers | SEN | 12:08 |
| 12 | Robert Gray | Inverclyde AC | SEN | 12:08 |
| 13 | Allan Adams | Shettleston H | SEN | 12:09 |
| 13 | Robert Gilroy | Ron Hill Cambuslang | SEN | 12:09 |
| 15 | Graeme Hyett | Inverclyde AC | SEN | 12:16 |
| 15 | Scott Hawkins | Kilbarchan AAC | U20 | 12:16 |
| 17 | Charles Thomson | Ron Hill Cambuslang | VET | 12:18 |
| 18 | Thomas Hearle | Kilbarchan AAC | VET | 12:22 |
| 19 | Jamie Reid | Ron Hill Cambuslang | SEN | 12:28 |
| 20 | Fraser Williams | Kilbarchan AAC | U20 | 12:28 |
| 21 | Joseph Kealey | Ron Hill Cambuslang | SEN | 12:30 |
| 22 | Paul Leck | Kilbarchan AAC | U20 | 12:36 |
| 23 | Greig Hastie | Ron Hill Cambuslang | SEN | 12:37 |
| 24 | Calum Morrison | Kilbarchan AAC | SEN | 12:38 |
| 25 | Grant Higgins | Kilbarchan AAC | U20 | 12:38 |
| 26 | Stephen Matthews | East Kilbride AC | SEN | 12:38 |
| 27 | Peter Carton | Shettleston H | VET | 12:46 |
| 28 | Jamie Findlay | Ron Hill Cambuslang | SEN | 12:47 |
| 29 | Iain Connell | Kilmarnock H & AC | VET | 12:49 |
| 30 | Stuart Greenway | Shettleston H | U20 | 12:50 |
| 31 | Blair Matthew | Calderglen Harriers | SEN | 12:54 |
| 31 | Sean Gaffney | Inverclyde AC | U20 | 12:54 |
| 33 | Stephen McLoone | Greenock Glenpark H | VET | 12:55 |
| 34 | Kenneth Richmond | Bellahouston RR | VET | 12:56 |
| 35 | James Snodgrass | Kilbarchan AAC | VET | 13:01 |
| 36 | Gordon Phillips | Shettleston H | SEN | 13:05 |
| 37 | Stuart Gibson | Calderglen Harriers | SEN | 13:05 |
| 38 | Lukasz Grabinski | Ron Hill Cambuslang | SEN | 13:07 |
| 39 | William Richardson | Irvine AC | VET | 13:07 |
| 40 | Roger Naughton | Kilmarnock H & AC | U20 | 13:08 |
| 41 | Neil Deerey | Giffnock North AAC | VET | 13:09 |
| 42 | William Coyle | Shettleston H | VET | 13:11 |
| 42 | John Bell | Springburn | VET | 13:11 |
| 42 | Martin Hayes | VP-Glasgow AC | U20 | 13:11 |
| 45 | J.Clements | East Kilbride AC | U20 | 13:14 |
| 46 | Stephen Cooke | Inverclyde AC | U20 | 13:15 |
| 47 | John McMillan | Kilbarchan AAC | VET | 13:16 |
| 48 | Derek Gibb | VP-Glasgow AC | SEN | 13:19 |
| 49 | Cameron Wilson | Kilmarnock H & AC | U20 | 13:20 |
| 50 | Steven McNeill | Kilmarnock H & AC | SEN | 13:20 |
| 51 | Nick Reid | Bellahouston RR | SEN | 13:20 |
| 52 | Andrew McCall | Greenock Glenpark H | SEN | 13:22 |
| 53 | Marc McColl | Shettleston H | SEN | 13:23 |
| 54 | Marcos Sanz Gomez | Bellahouston RR | SEN | 13:24 |
| 55 | Liam Conway | Bellahouston RR | VET | 13:25 |
| 56 | Damian McAuly | Springburn | 00:00 | 13:29 |
| 57 | Gerard Gaffney | Inverclyde AC | VET | 13:31 |
| 58 | Colin Miller | Irvine AC | VET | 13:34 |

Scottish Athletics West District Cross Country Relay Champs

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Race 4 Junior Senior Males

| | | | | |
|----|---------------------|---------------------|-------|-------|
| 59 | Stephen McGoldrick | Kilbarchan AAC | U20 | 13:35 |
| 60 | Norman Galbraith | Giffnock North AAC | SEN | 13:36 |
| 61 | Ewan Mackay | Garscube Harriers | VET | 13:38 |
| 62 | Thomas Jamieson | Inverclyde AC | SEN | 13:38 |
| 63 | Donald Petrie | Kilbarchan AAC | VET | 13:40 |
| 64 | George Taylor | Giffnock North AAC | VET | 13:42 |
| 65 | Derek Watson Snr. | VP-Glasgow AC | VET | 13:46 |
| 66 | William Morgan | Irvine AC | U20 | 13:50 |
| 67 | David J. Condra | East Kilbride AC | VET | 13:51 |
| 68 | Gerard Craig | VP-Glasgow AC | VET | 13:52 |
| 69 | Craig Ross | Bellahouston RR | SEN | 13:54 |
| 70 | Andrew Callan | Springburn | SEN | 13:55 |
| 71 | Andrew McGhee | Kilmarnock H & AC | SEN | 13:55 |
| 72 | Paul Carroll | Clydesdale Harriers | VET | 13:56 |
| 73 | Andrew Leck | Garscube Harriers | VET | 13:57 |
| 74 | Graham Kane | Greenock Glenpark H | VET | 14:00 |
| 75 | Peter Carton | Shettleston H | VET | 14:01 |
| 76 | David McNab | Giffnock North AAC | VET | 14:03 |
| 77 | Edward McLoone | Kirkintilloch Oly | SEN | 14:03 |
| 78 | Scott Hunter | Ron Hill Cambuslang | SEN | 14:07 |
| 79 | Ken Mitchell | VP-Glasgow AC | VET | 14:12 |
| 80 | William Taylor | East Kilbride AC | VET | 14:13 |
| 81 | Ian Berryman | Irvine AC | VET | 14:13 |
| 82 | Alan Hill | Springburn | VET | 14:14 |
| 83 | Kenneth Davidson | Calderglen Harriers | VET | 14:15 |
| 84 | John McArthur | Clydesdale Harriers | VET | 14:16 |
| 85 | Eddie Reid | Calderglen Harriers | VET | 14:19 |
| 86 | Daniel McLaughlin | Greenock Glenpark H | VET | 14:20 |
| 87 | Russell Whittington | Bellahouston RR | VET | 14:23 |
| 88 | Jude Boulton | Inverclyde AC | SEN | 14:26 |
| 89 | Ian Baird | Ayr Seaforth | VET | 14:30 |
| 90 | Paul White | Calderglen Harriers | SEN | 14:30 |
| 91 | Graeme Haddow | East Kilbride AC | VET | 14:32 |
| 91 | Allan Mackie | Springburn | 00:00 | 14:32 |
| 93 | Gavin Morrison | Inverclyde AC | VET | 14:33 |
| 94 | Robert McLennan | Garscube Harriers | VET | 14:35 |
| 95 | Julian Rose | Giffnock North AAC | VET | 14:35 |

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 4 Junior Senior Males

| Rank | Runner | Club | Cat | Time |
|------|---------------------|---------------------|-----|-------|
| 96 | Michael O'Hagan | Ron Hill Cambuslang | VET | 14:35 |
| 97 | Peter Halpin | Clydesdale Harriers | VET | 14:36 |
| 98 | Ian Goudie | Bellahouston RR | VET | 14:39 |
| 99 | Steven Hards | Kilbarchan AAC | VET | 14:39 |
| 100 | James Sneddon | Irvine AC | VET | 14:49 |
| 101 | Jim Stevenson | Irvine AC | VET | 14:49 |
| 102 | Iain Robertson | Clydesdale Harriers | SEN | 14:54 |
| 103 | Daniel Reid | Westerlands CC Club | VET | 14:54 |
| 104 | Derek Breen | Giffnock North AAC | VET | 14:54 |
| 105 | N.Walker | East Kilbride AC | U20 | 15:05 |
| 106 | James White | Irvine AC | VET | 15:10 |
| 107 | Peter Ramsay | Kirkintilloch Oly | VET | 15:14 |
| 108 | James Taylor | Garscube Harriers | VET | 15:15 |
| 109 | John McPake | Ron Hill Cambuslang | VET | 15:18 |
| 110 | Gerard Mullen | Calderglen Harriers | VET | 15:19 |
| 110 | Andrew Clugston | Kilbarchan AAC | SEN | 15:19 |
| 112 | Ronnie Dalziel | Kilmarnock H & AC | VET | 15:24 |
| 113 | Robert Young | Clydesdale Harriers | VET | 15:26 |
| 114 | Michael McLoone Jnr | Greenock Glenpark H | U20 | 15:28 |
| 115 | Alan O'Rourke | Greenock Glenpark H | VET | 15:30 |
| 116 | Jim Holmes | Calderglen Harriers | VET | 15:31 |
| 117 | Gerry McNamee | Giffnock North AAC | VET | 15:32 |
| 118 | Brian Gallagher | Clydesdale Harriers | VET | 15:32 |
| 119 | Graham Cairns | Kilmarnock H & AC | VET | 15:33 |
| 120 | Connell Drummond | Kilmarnock H & AC | SEN | 15:33 |
| 121 | Ian Rae | Calderglen Harriers | VET | 15:35 |
| 121 | Robert Allison | Kilbarchan AAC | VET | 15:35 |
| 123 | Thomas Knight | Greenock Glenpark H | VET | 15:41 |
| 124 | Ian Thomson | Clydesdale Harriers | SEN | 15:42 |
| 125 | Paul Bushfield | Inverclyde AC | VET | 15:43 |
| 126 | Brian J Campbell | Clydesdale Harriers | VET | 15:45 |
| 127 | Ian McNee | Troon Tortoises | VET | 15:47 |
| 128 | Robert Shaw | Inverclyde AC | VET | 15:47 |
| 129 | Andrew Griffiths | Garscube Harriers | VET | 15:48 |
| 130 | Kenny Morrison | Inverclyde AC | VET | 15:49 |
| 131 | Mark Hollinshead | Giffnock North AAC | VET | 15:54 |
| 131 | James Sheridan | Greenock Glenpark H | VET | 15:54 |
| 133 | Alan Cullie | Calderglen Harriers | VET | 15:55 |
| 134 | Michael Browne | East Kilbride AC | VET | 16:02 |
| 135 | Andrew Rennie | Irvine AC | VET | 16:08 |
| 136 | Charles Martin | Troon Tortoises | VET | 16:11 |
| 137 | Andrew Henderson | Calderglen Harriers | VET | 16:17 |
| 138 | Robert Connell | Kilbarchan AAC | VET | 16:17 |
| 139 | Timothy Downie | Troon Tortoises | VET | 16:18 |
| 140 | Kenny Grant | Kirkintilloch Oly | SEN | 16:22 |
| 141 | George McGregor | Troon Tortoises | VET | 16:25 |
| 142 | James McMillan | Kilbarchan AAC | VET | 16:26 |
| 143 | Kenneth McVey | VP-Glasgow AC | VET | 16:27 |
| 144 | Alan Stewart | Giffnock North AAC | VET | 16:27 |
| 145 | Stephen Cullen | Garscube Harriers | VET | 16:34 |
| 146 | David Fairweather | Ron Hill Cambuslang | VET | 16:47 |
| 147 | Robert Daly | VP-Glasgow AC | VET | 16:51 |
| 148 | Michael Diver | Clydesdale Harriers | VET | 17:07 |
| 149 | Laurence Baker | Ayr Seaforth | VET | 17:08 |
| 150 | David Logan | Giffnock North AAC | VET | 17:17 |
| 151 | Jason Pender | Kilbarchan AAC | VET | 17:18 |
| 152 | Tom Tracey | Inverclyde AC | VET | 17:22 |
| 153 | Edgar Ramage | East Kilbride AC | VET | 17:23 |

Scottish Athletics West District Cross Country Relay Champs

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Race 4 Junior Senior Males

| | | | | |
|-----|-------------------|---------------------|-----|-------|
| 154 | George Hegarty | Inverclyde AC | VET | 17:24 |
| 155 | Greig Glendinning | Bellahouston RR | VET | 17:24 |
| 156 | Peter Rudzinski | Clydesdale Harriers | VET | 17:28 |
| 157 | Stephen Ogilvie | Kilbarchan AAC | VET | 17:29 |
| 158 | Graeme Orr | Westerlands CC Club | VET | 18:09 |
| 159 | Vincent Daly | Troon Tortoises | VET | 18:15 |
| 160 | Gordon McLean | Kirkintilloch Oly | VET | 18:21 |
| 161 | Russell Couper | Calderglen Harriers | VET | 18:43 |
| 162 | Bobby Rossborough | Clydesdale Harriers | VET | 18:50 |
| 163 | Colin Macdonald | Calderglen Harriers | VET | 19:10 |
| 164 | David Kerr | Irvine AC | VET | 22:02 |
| 165 | David Herbertson | Calderglen Harriers | VET | 25:58 |